

By Gemma Bailey

Radio Metaphor

For a while now you've been trying to take control of your life, to tune into a different frequency. It's time to start listening to the positive messages you hear, *now*, in the music of your life. Re-tune now, out of the confusion of the White noise to a different level of radio waves. You cannot see them, but you know they are there.

From this one life, tune up now from 98.8 to 99, 100, 101, 102, into smooth at 102.2 and you'll be happier there, that goal achieved, but soon you'll find that you want to grow louder and louder, turning up the volume on your life. And perhaps this new level of motivation will encourage you to explore up and up, beyond where you thought possible to 105.4. Where you will find magic.

And for a while magic is fulfilling, it gives you everything you wanted to see and feel and hear.

But you're unconscious- mind knows that in order to live, you must grow, and you're tuned in now to finding other airways, so you progress to 106, and then 106.2 where you find heart.